



BOOKING ESSENTIAL – PAYMENT IN ADVANCE

WE ARE COVID SECURE – please see our policies.

SEPTEMBER 2020 STUDIO TIMETABLE

Tempest Dance Studio Washington

All classes held at: Tempest Dance Studio Mission Hall,
Railway Terrace, Columbia, Washington NE38 7BE

Book your classes here: <http://www.tempestdance.com/>

Contact: 07507632458

Monday		
14.15 – 15.00	Private Hoop/Lollipop/Pole availability or private practise Contact directly to book	£15 - £35pp
15.30 – 16.15	Private Hoop/Lollipop/Pole availability or private practise Contact directly to book	£15 - £35pp
16.45 – 17.30	Kids Aerial (Hammocks, hoop, pole, lollipop only 1-2 pieces of kit per child) (6 spaces)	£10
18.00 – 18.45	Pole all levels (5 spaces)	£12
19.15 – 20.00	Gentle Flex & Stretch (6 spaces)	£8
Tuesday		
13.00 – 13.45	Aerial Strength & Conditioning (6 spaces)	£10
14.15 – 15.00	Pole All Levels (5 spaces)	£12
15.30 – 16.15	Private Hoop/Lollipop/Pole availability or private practise Contact directly to book	£15 - £35pp
16.45 – 17.30	Kids Aerial (Trapeze, Hoop, Silk, Pole, lollipop only 1-2 pieces of kit per child) (6 spaces)	£10
18.00 – 18.45	Aerial Yoga All Levels (5 spaces)	£12
Wednesday		
11.00 – 11.45	MOVEicals with Mandy LIVE	£5
13.00 – 13.45	Private Hoop/Lollipop/Pole availability or private practise Contact directly to book	£15 - £35pp
14.15 – 15.00	Private Hoop/Lollipop/Pole availability or private practise Contact directly to book	£15 - £35pp
15.30 – 16.15	Private Hoop/Lollipop/Pole availability or private practise Contact directly to book	£15 - £35pp
16.45 – 17.30	Kids Aerial (Hoop, Pole, lollipop only 1-2 pieces of kit allocated per child) (6 spaces)	£10
18.00 – 18.45	Pole All Levels (5 spaces)	£12
19.15 – 20.00	Hoop, Pole. Lollipop & 1 Silks Practise only (5 spaces) (1 kit per person)	£12
Thursday		
14.15 – 15.00	Private Hoop/Lollipop/Pole availability or private practise Contact directly to book	£15 - £35pp
15.30 – 16.15	Private Hoop/Lollipop/Pole availability or private practise Contact directly to book	£15 - £35pp
16.45 – 17.30	Kids Aerial (Hammocks, hoop, pole only 1-2 pieces of kit per child) (6 spaces)	£10
18.00 – 18.45	Aerial Hoop (Absolute beginners welcome) (4 spaces)	£12
Friday		
16.45 – 17.30	Kids Aerial (Hoop, Pole, lollipop only 1-2 pieces of kit per child) (6 spaces)	£10
18.00 – 18.45	Adults Aerial 1 kit per person (Silk, Pole, Hoop, Lollipop, Trapeze) (7 spaces)	£12
19.15 – 20.00	Aerial Yoga All Levels (5 spaces)	£12

COVID -19

All precautions have been taken to allow you to return to classes safely. Please read all of the necessary policies before returning to class. It is essential that you complete the COVID-19 Informed Consent Form and PARQ before coming to your first session <https://www.tempestdance.com/parq-and-policies/>

Please bring your own hand sanitiser and a face covering (masks are not to be worn when exercising).

Important Changes

Due to government guidelines it is necessary to decrease class times and slightly increase class fees temporarily during this time of transition.

However as a class of only 3 - 7 people you will get more pole/aerial time and a more boutique service so we are offering really good value for money!

Payment is now due at the time of booking and the cancellation period is 24 hours.

<https://www.tempestdance.com/wp-content/uploads/2020/07/Studio-Policy-July-2020.pdf>



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